

# Seven OceanS<sup>®</sup> Emergency Food Ration 500 g

## Data sheet

**compact**  
for life

### Ingredients

Baked wheat flour  
Vegetable fat  
Sugars  
Malt extract  
Vitamins

**Seven OceanS Emergency Food Ration is an all-vegetable product containing no ingredients of animal origin.**

### Nutrient contents per 100 g

According to **SOLAS LSA Code Chapter IV**

**No: 4.1.5.1.18 and 4.4.8.12**

Carbohydrates (weight %):	60-70%
Protein (weight %):	6-10%
Fat (weight %):	18-23%
Salt (weight %): (NaCl) Maximum:	0.2 %
Humidity (weight %): Maximum:	7 %

### Energy

Approx. 2060 kJ/500 kcal per 100 g  
10,000 kJ/2,500 kcal per unit

Protein (energy %)	5 - 8
Fat (energy %)	33-43
Carbohydrates (energy %)	50-60

### Minerals (typical values) per 100 g

Sodium (mg)	15
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### Vitamins (added) per 100 g

Vitamin C (mg)	30
Vitamin B <sub>1</sub> (mg)	1.54
Vitamin B <sub>6</sub> (mg)	1.54

### Carbohydrates (typical values)

Mono- and disaccharide (g)	20
Polysaccharides (g)	43
Lactose (g)	< 0.1
Fibre (g)	approx. 5

### Bacteriological analysis

Standard plate count	< 10,000/g
Yeast and mould count	< 1000/g
Coliform count	< 10/g
Salmonella	negative in 25 g

### Packing

Seven OceanS Emergency Food Ration is compressed food tablets of each approx. 27.8 g.  
Each unit of (500 g net) contains 18 tablets packed in 9 bars with grease-proof paper. The 9 bars are packed under vacuum in air- and watertight alu-foil. This unit is protected by a water-repellent cardboard box.

**Unit:** 18 tablet packed in 9 bars

**Carton:** 24 units of 500 g  
12 kg net / 13.44 kg gross / 0.018 m<sup>3</sup>

**Pallet:** 55 cartons / 1320 units  
660 kg net / 739 kg gross / 1.24 m<sup>3</sup> incl. pallet.  
Shrink-wrapped

### Marking:

Production date, Expiry date, month and year, Lot number

### Shelf life

Five years unconditionally from the date of production marked on the packaging.

### Approvals

<u>Country</u>	<u>Approval no.:</u>
Argentina	0730001
Australia **	SAS S100148
Belgium **	SAS S100148
Canada	T.C.163-006-006
Croatia	01-007115/014569
Denmark ***	LB-237
Ecuador	2482-INHG-AE-08-07
Finland	LB-237
France **	SAS S100148
Germany	412.004
Greece **	SAS S100148
Iceland	SFI No: 501-025
Italy	310873
Japan	2194
Korea	No.2003-88
The Netherlands **	SAS S100148
New Zealand **	SAS S100148
Norway ***	LB-237
Poland	TC/1935/640004/08
Portugal **	SAS S100148
Russia	No.11.10019.262
Singapore	SS 2.1.1
South Africa	SM12/8/9/5
Spain **	SAS S100148
Sweden **	SAS S100148
Taiwan	321-09-85
United Kingdom	MCA 1050011
USA	160.046/51/0

\*\*) Lloyd's Reg.Type Approval SAS S100148

\*\*\*) DNV Type Approval Cert. LB-237

**COMPLY WITH ISO Standard 18813:2006(E)**  
**Complies to the Resolution MSC.218(82) Adoption of amendments to the SOLAS LSA Code**

NATO Stock Number 8970-25-145-1140

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Page 1 of 1

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### Allergen contents:

Product Composition	Yes	No	Comments
Cereals containing gluten and products thereof	X		Wheat flour
Crustaceans and products thereof		X	
Eggs and produces thereof		X	
Fish and products thereof		X	
Peanuts and products thereof		X	
Soybeans and products thereof	X		Refined Soya Oil
Milk and diary products (incl. lactose)		X	
Nuts and nut products		X	
Celery and products thereof		X	
Mustard and products thereof		X	
Sesame seeds and products thereof		X	
Sulphur dioxide and sulphites at concentrations of more than 10 mg/kg or 10 mg/litre expressed SO <sub>2</sub>		X	
Lupine and products thereof		X	
Molluscs (gastropods, bivalves, cephalopods)		X	
Maize and products thereof		X	
Benzoates		X	
BHA/BHT		X	
Cinnamon, Cocoa, Vanilla, Chicken, Yeast, Legumes (other than peanut), Pulses, Coriander, Umbellifereae, Flavour (any artificial / natural), Glutamate (% if naturally occurring), Carrot, Pork, Beef		X	